

Score Your Culture of Health





The health of your business depends in large part on the health of your workers.

Healthy employees are more engaged and productive, and have lower healthcare costs than unhealthy or sedentary employees. It's no accident that nearly 80 percent of employers strongly commit to a healthy work environment to boost individual and organizational performance. However, we find that commitment is rarely operationalized to produce an impactful culture of health.

Our **onthemark**[®] assessment measures workplace dimensions that can impact the health, engagement, and performance of your workforce. If your answer is "Agree" or "Don't Know" to any of the questions below, **onthemark**[®] is a perfect starting point to score your culture of health.

	Agree	Disagree	Don't Know
My organization values the health/well-being of our employees.			
We have a dedicated budget to operationalize a wellness initiative.			
We are interested in identifying ways to build a results-oriented culture of wellness.			
We would like to know the advantages of forming a Wellness Committee.			
We want to take our wellness commitment to the next level.			

onthemark[®] will help you shape a roadmap for success. Learn how to build strategies that can drive desired behavior change, leading to improved health and quality of life.

Contact an Onlife consultant to start the conversation about scoring your culture of health.

1.888.676.3975
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¹ Buck Consultants at Xerox. (2014). *Working Well: A Global Survey of Health Promotion and Workplace Wellness Strategies*, United States.



Weight
Management



Physical
Activity



Stress
Management



Tobacco
Cessation

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